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FOR IMMEDIATE RELEASE

Margaret Trudeau to be opening keynote speaker at VRA Canada's National Conference

Margaret Trudeau will be the opening keynote speaker at the National Conference and Annual General Meeting of the Vocational Rehabilitation Association of Canada.

For all her adult life, Margaret Trudeau has suffered from the debilitating effects of her bipolar condition. Now, after seeking medical treatment that has given her life balance and happiness, she advocates strongly on mental health issues, helping people overcome the stigma of mental illness that often prevents sufferers from getting help. She is also the author of two books—"Beyond Reason" and "Consequences".

Margaret has wonderful stories to tell and a strong, clear message on the importance of finding balance of mind, body and spirit. This coming May, Margaret Trudeau will be awarded the Society of Biological Psychiatry Humanitarian Award, in recognition of her efforts to help people suffering from mental illness.

Margaret Trudeau's story will provide insights that should prove to be highly informative and will be truly inspirational.

Other keynote speakers are Captain Kim Fawcett of the Canadian Forces and Terry Evanshem, the youngest player ever inducted into the Canadian Football Hall of Fame and the victim of a devastating car accident. His is an inspiring story of the perseverance of the human spirit and the never-ending power of the human mind to overcome obstacles. An exciting array of speakers will be presenting over the two and a half days of the conference on topics ranging from post traumatic stress disorder, ethics, counseling, acquired brain injury, cost of care, and duty to accommodate.

The Vocational Rehabilitation Association of Canada is a national non-profit association that supports its members in promoting, providing and advocating for the delivery of vocational/prevocational rehabilitation services for persons with disabilities.

The Association holds a national conference annually and St. John's, Newfoundland was chosen as the site for this year's conference. Non-members are invited to attend. Please contact the national office for registration details.

For more information please contact:

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